

Solfège. Soupairs & croches ternaires en contretemps.

Exercices à faire dans les "4 sens" de coordination;
 verticale à droite, verticale à gauche, diagonale à droite et diagonale à gauche.
 Enchaîner 4 fois la mesure puis 4 fois la ligne.

The score consists of 28 numbered exercises, each presented on a single staff. Above each staff are rhythmic patterns using squares (□) and circles (●) to indicate note placement. Below each staff is a drum notation consisting of a series of 'x' marks representing drum hits. The exercises are organized into groups of four: Exercises 1-4, 5-8, 9-12, 13-16, 17-20, 21-24, and 25-28. The time signature is 12/8, and the key signature has one flat (B-flat).