Note ton progès. Tempo : 60 70 80 90 100 110 120.

Coordination. Doubles croches. Charleston & GC.

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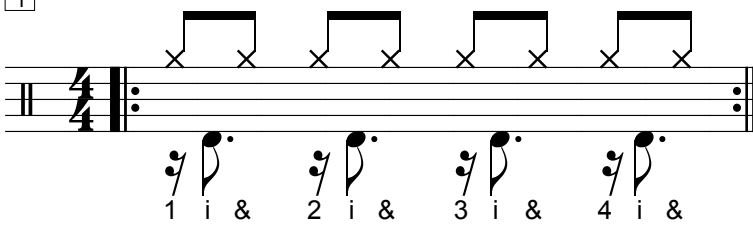

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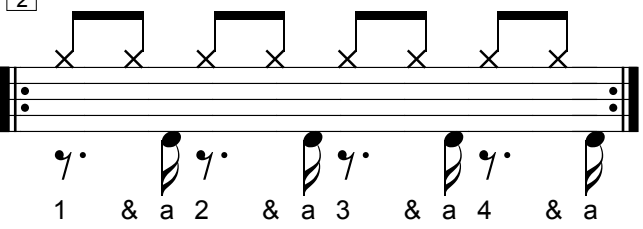

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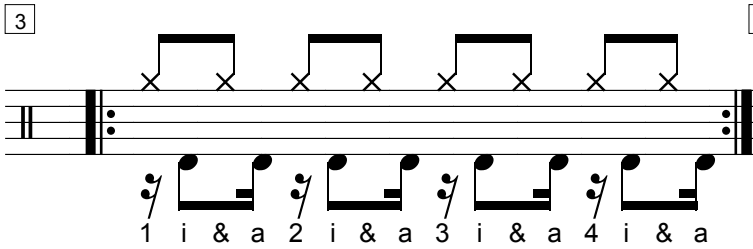

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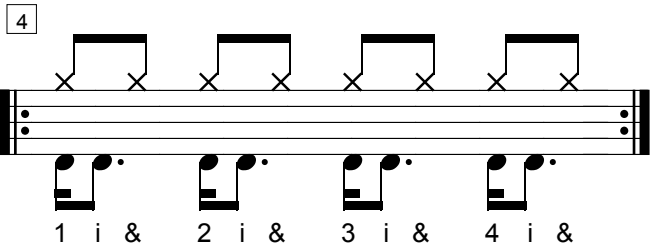

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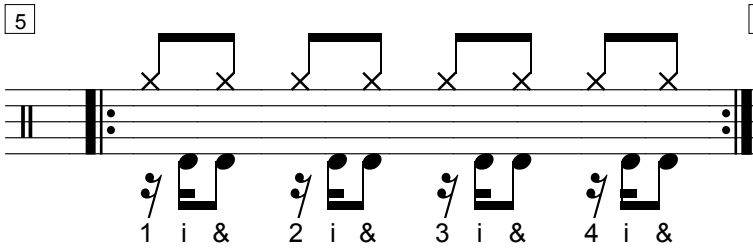

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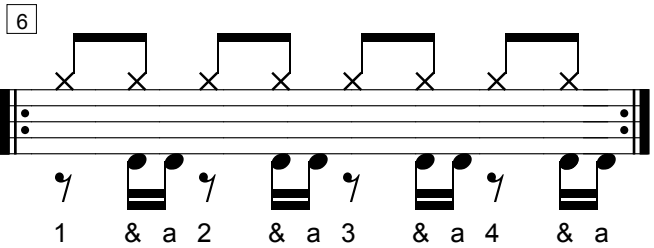

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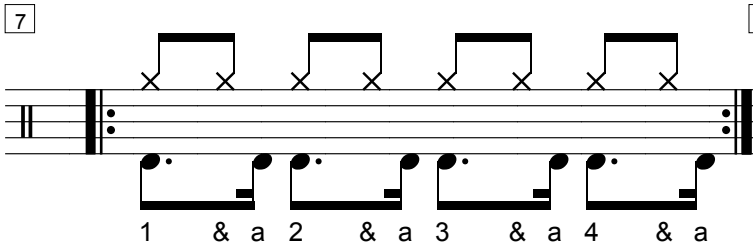

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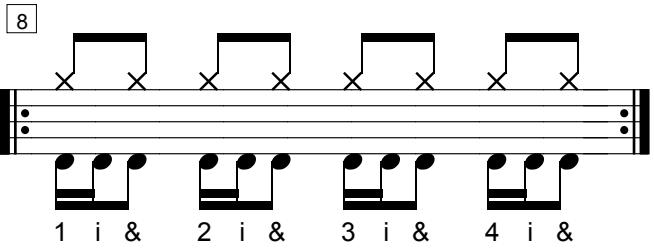

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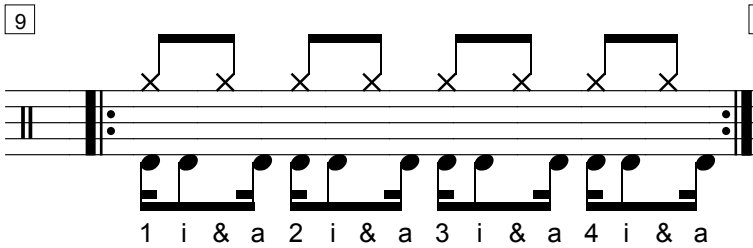

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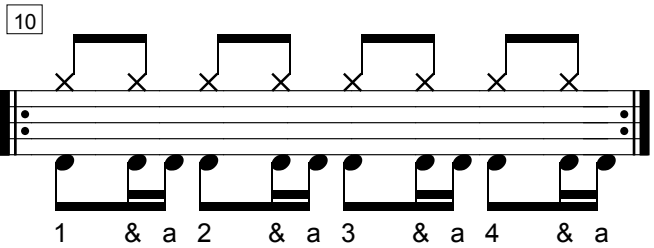

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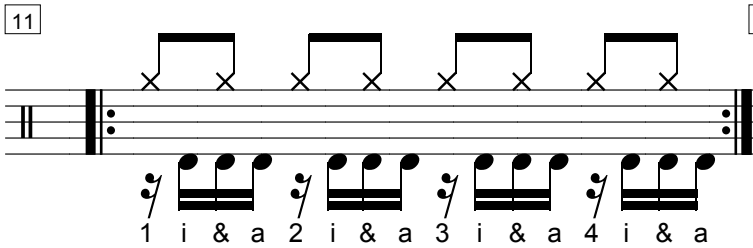

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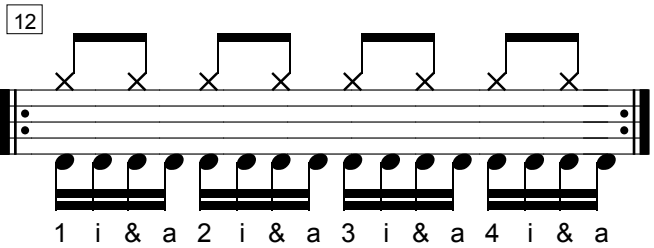
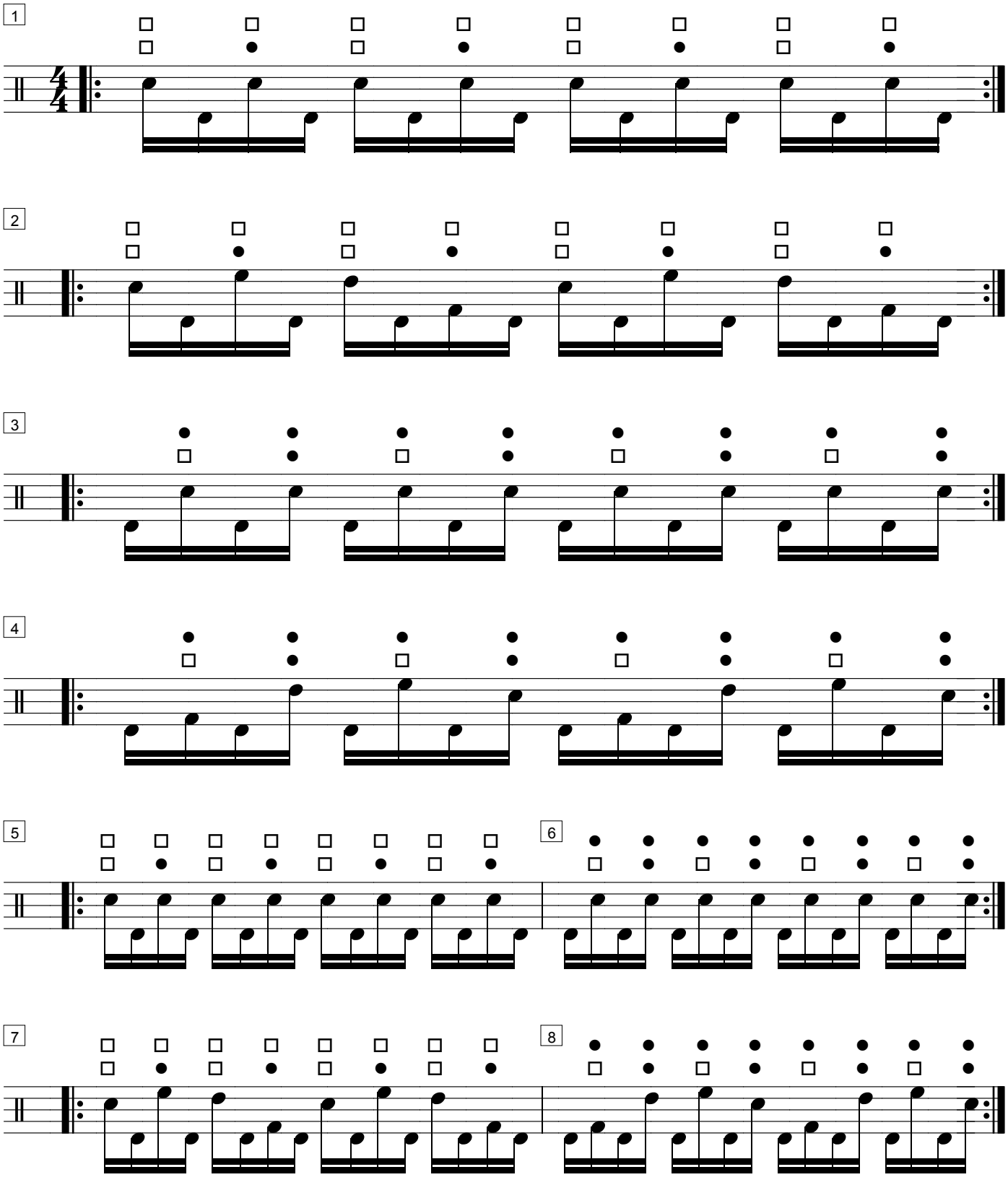


Rufus O'Callaghan. 27 01 2008. http://www.rufusbatterie.com http://www.rufusdrums.com

Note ton progès. Tempo : 60 70 80 90 100 110 120.

Doubles croches. Coordination mains & grosse caisse N°1.

Ces exercices sont à faire en deux étapes.
A la première lecture fais tourner les exercices avec le doigté du dessus car c'est le doigté le plus facile.
Une fois les que les exercices sont bien acquis passe au deuxième doigté.
C'est un doigté de frisé ce qui est un peu plus dificile à maitriser. Concentres-toi bien sur l'ordre des mains.



Note ton progès. Tempo : 60 70 80 90 100 110 120.

Coordination. Doubles croches entre mains & GC N°2.

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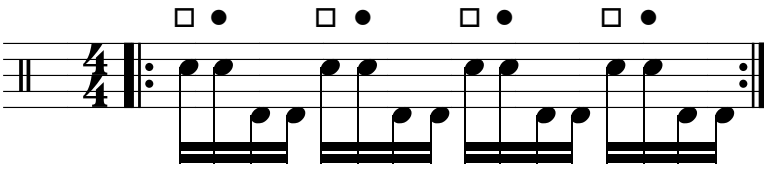

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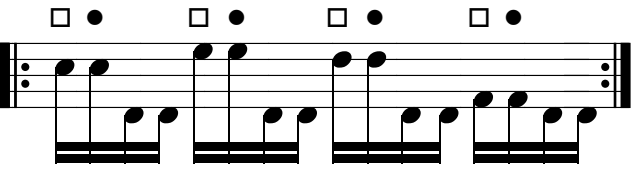

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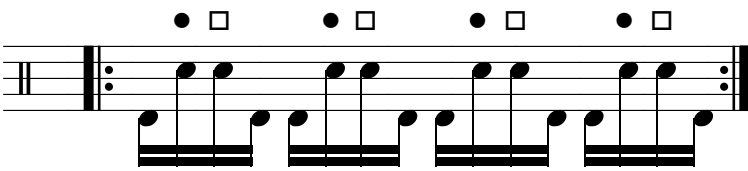

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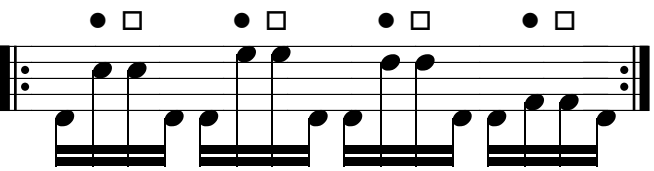

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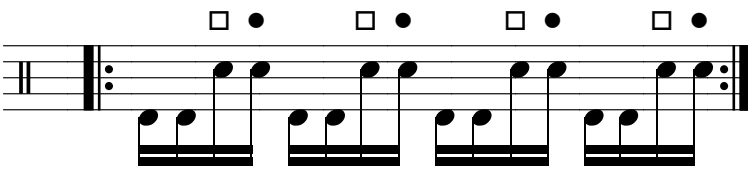

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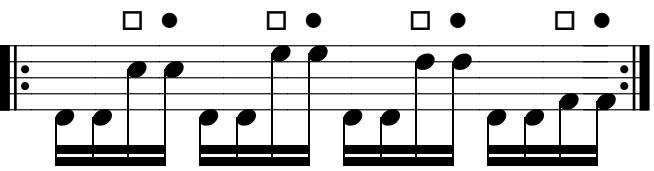

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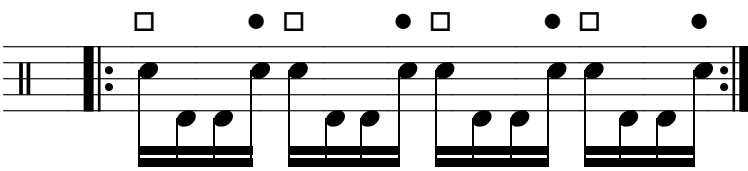

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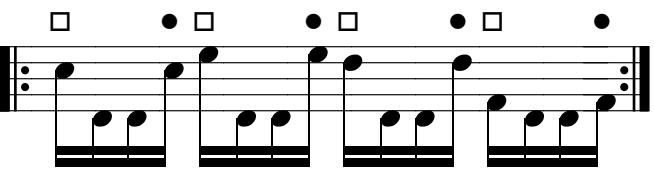

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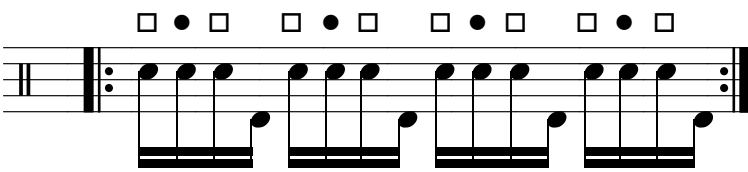

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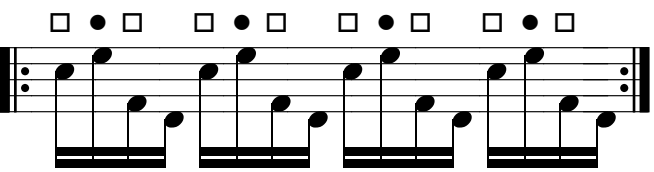

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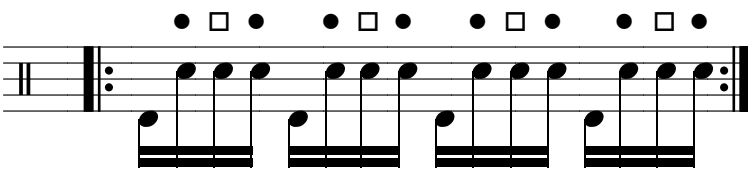

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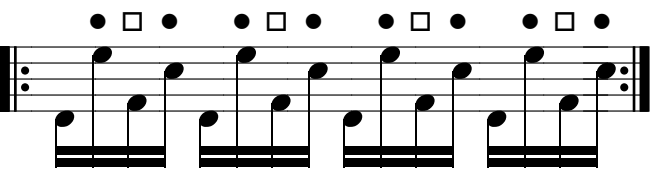
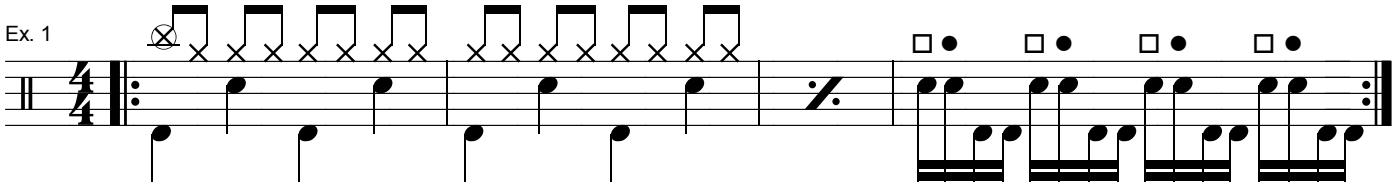


Note ton progression. Tempo : 60 70 80 90 100 110 120.

DC. Rythmiques & fills. Coordination GC & CC N°1.

Fais preuve d'imagination ! Dans la dernière mesure changes les notes de CC avec les variations suivantes :
1. Jouer les deux mains ensembles tom basse & CC.
2. Jouer les deux mains ensembles cymbale crash & CC.
3. Distribuer les mains entre CC & toms (descente).
4. Flas.
5. Distribuer des flas entre CC & toms (descente).

Ex. 1



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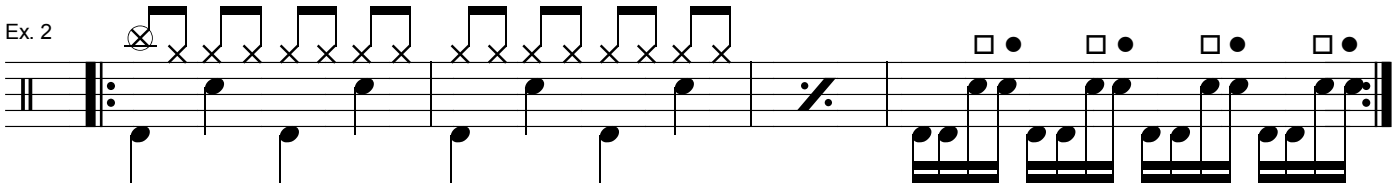

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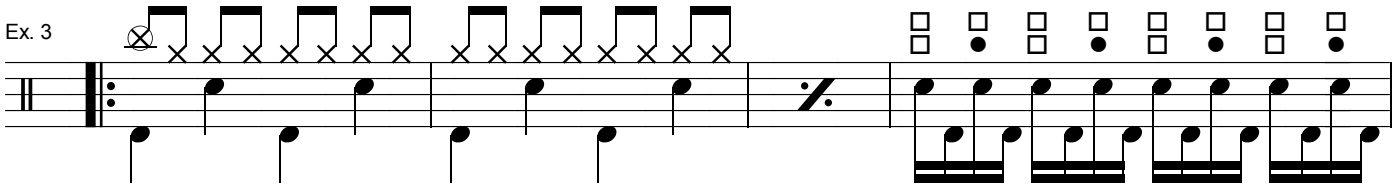

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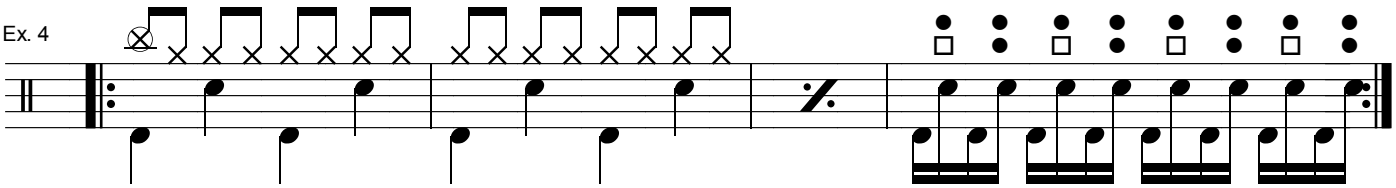

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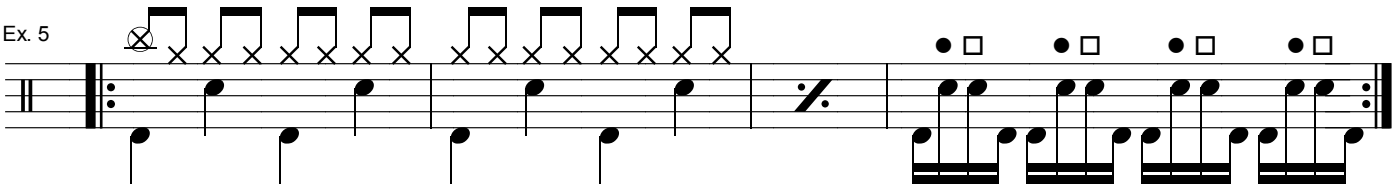
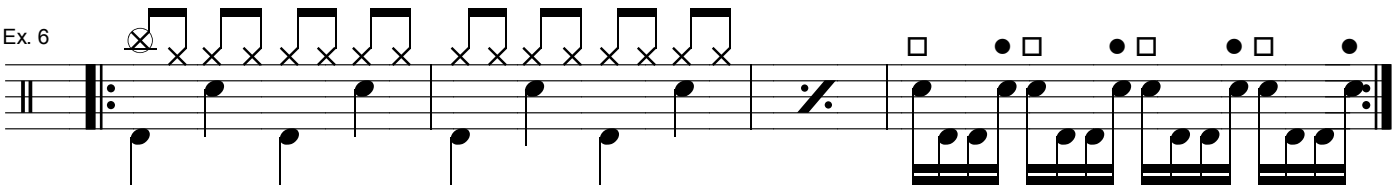


Ex. 6



Note ton progression. Tempo : 60 70 80 90 100 110 120.

DC. Rythmiques & fills. Coordination GC & CC N°2.

Fais preuve d'imagination ! Dans la dernière mesure changes les notes de CC avec les variations suivantes :
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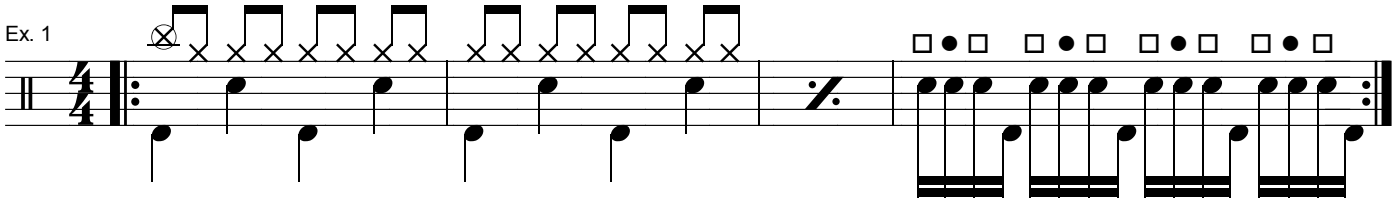
Ex. 1



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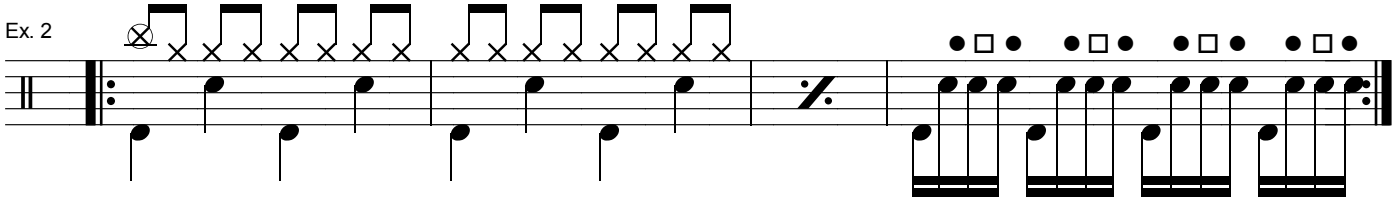

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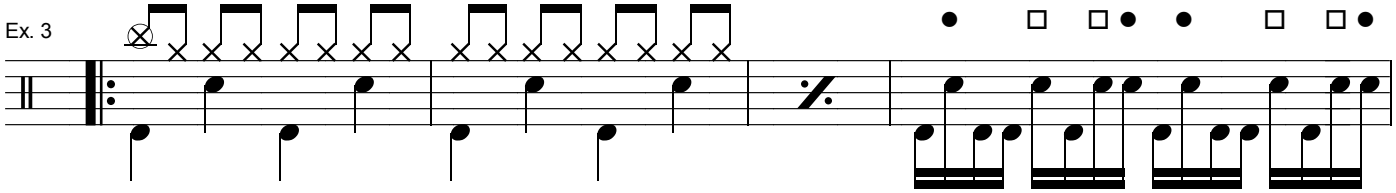

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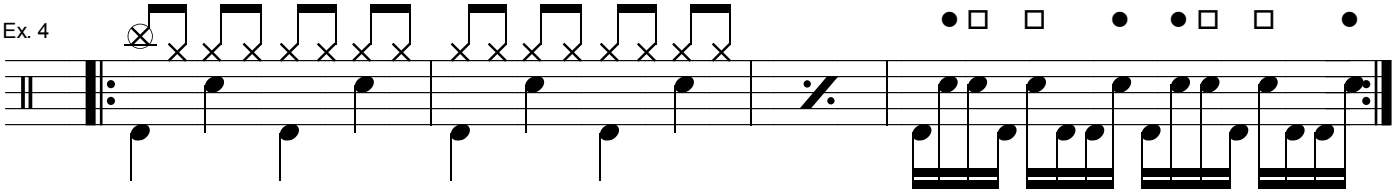

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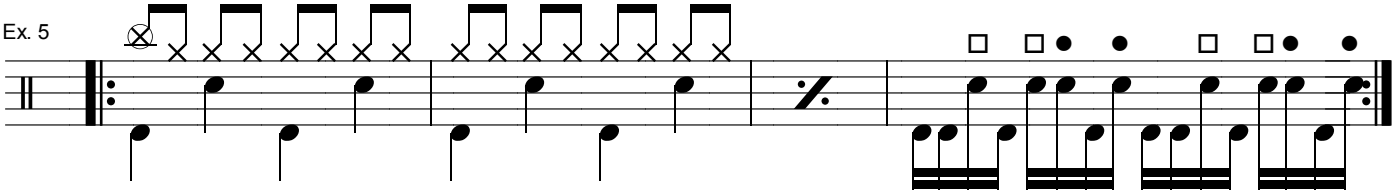

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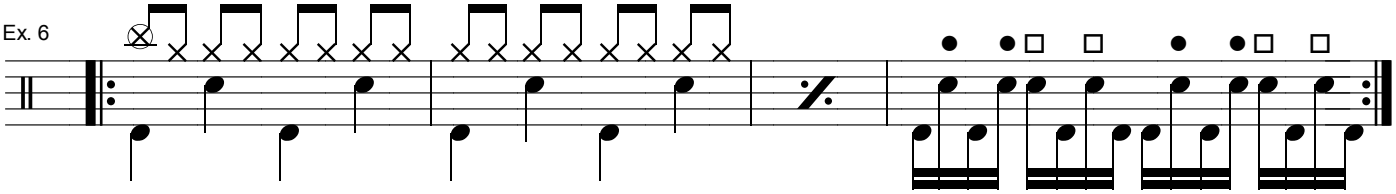

Note ton progès. Tempo : 60 70 80 90 100 110 120.

Coordination & indépendance. Doubles croches. CH CC GC.

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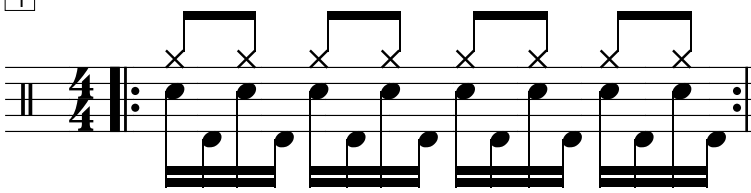

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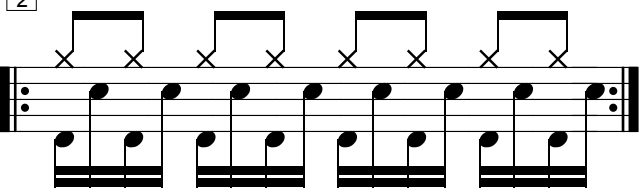

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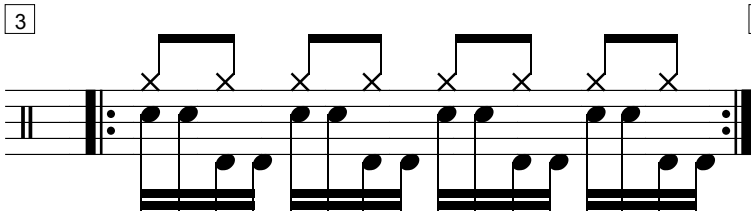

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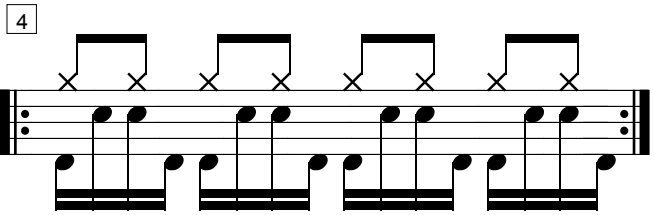

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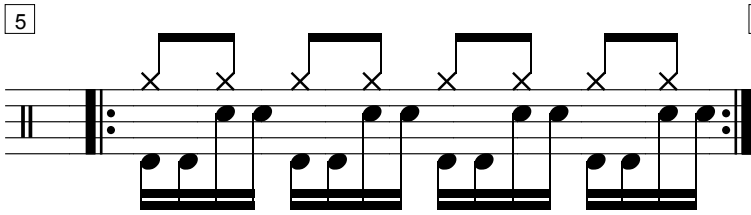

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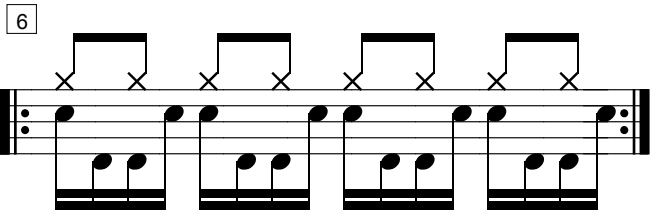

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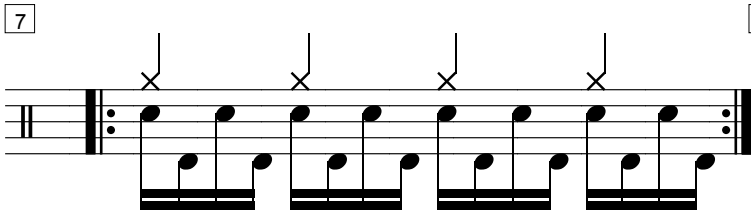

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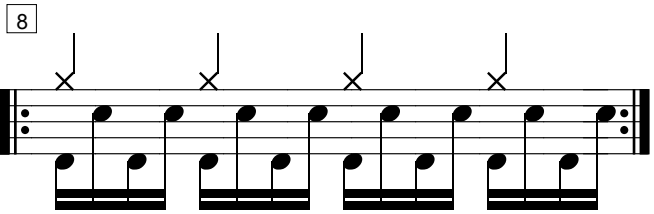

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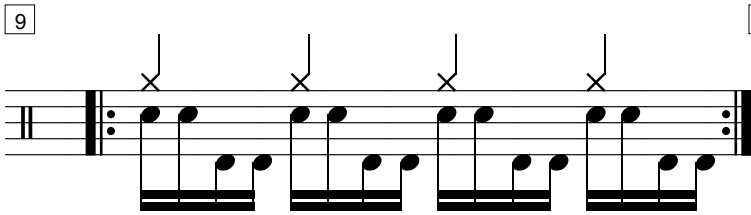

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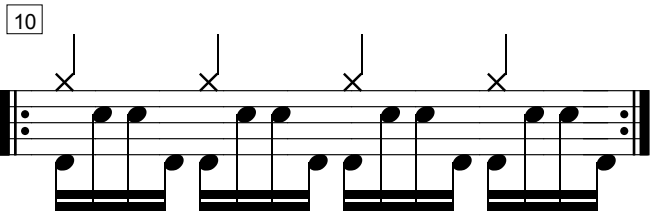

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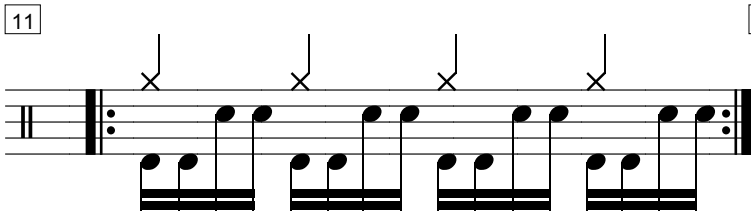

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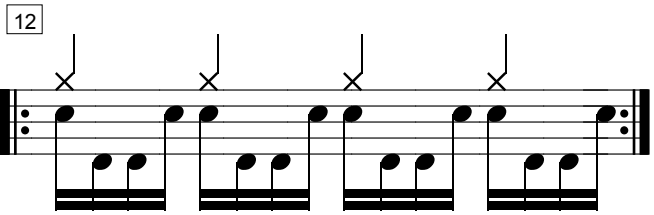

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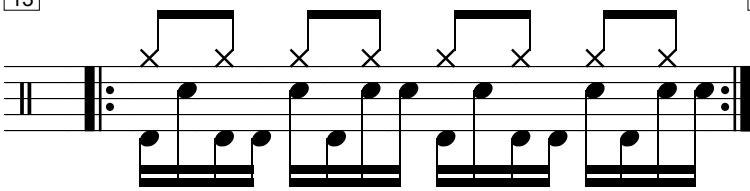

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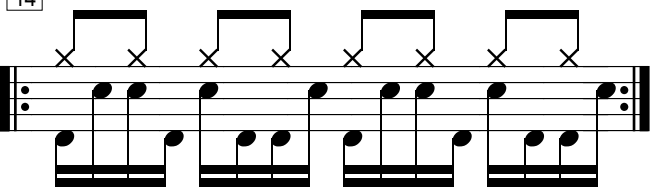

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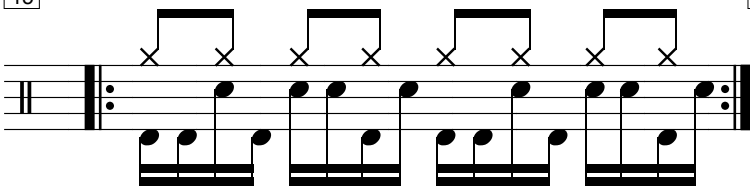

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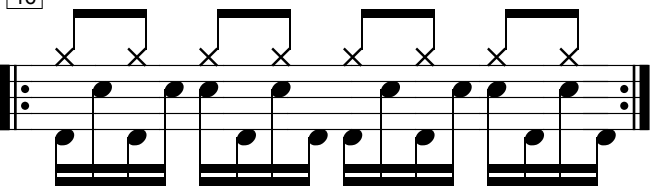

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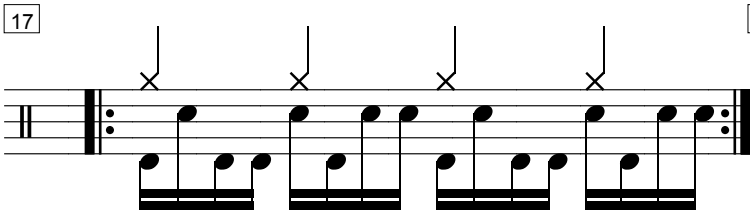

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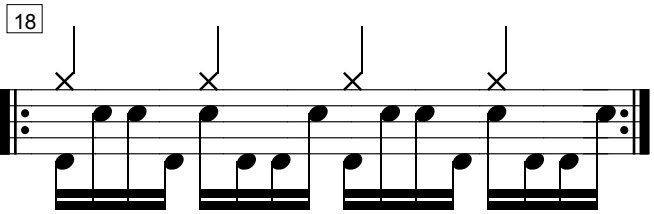

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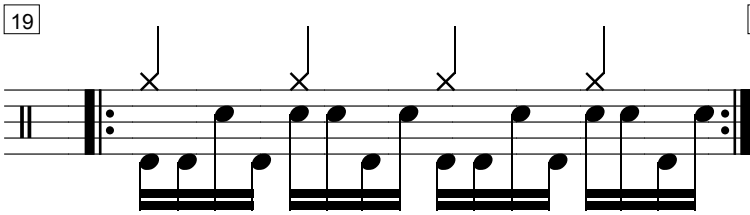

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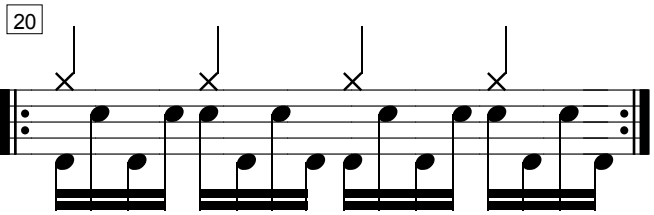

Note ton progès. Tempo : 60 70 80 90 100 110 120.

Doubles croches. Rythmiques. Exercices de coordination.

Première lecture charleston débit main droite.
Deuxième lecture charleston en frisé.

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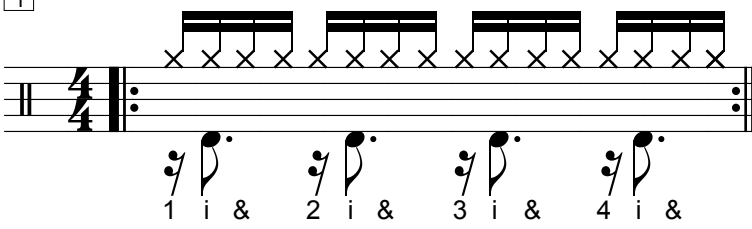

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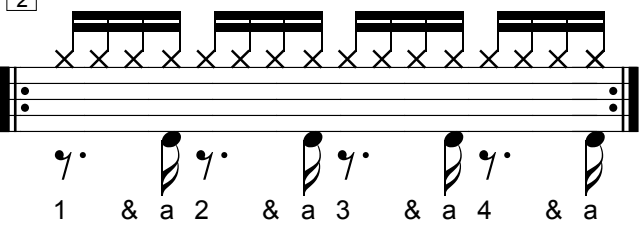

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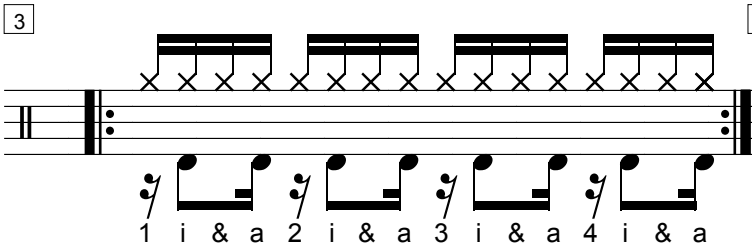

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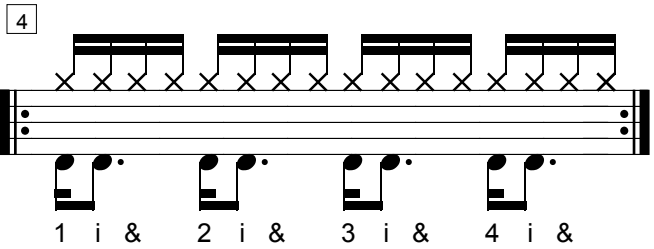

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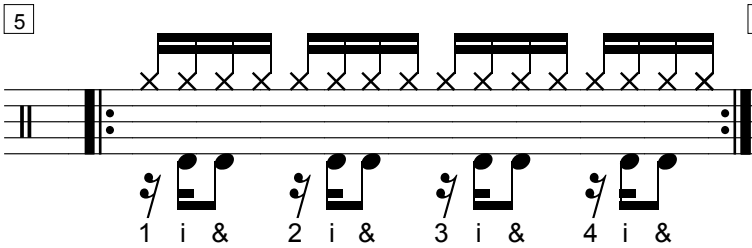

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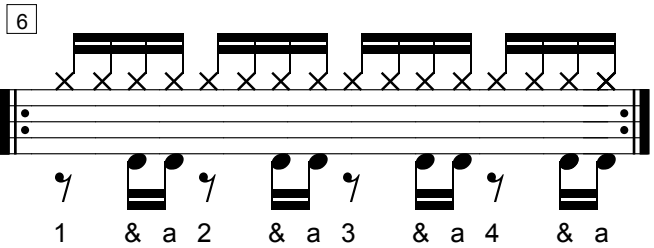

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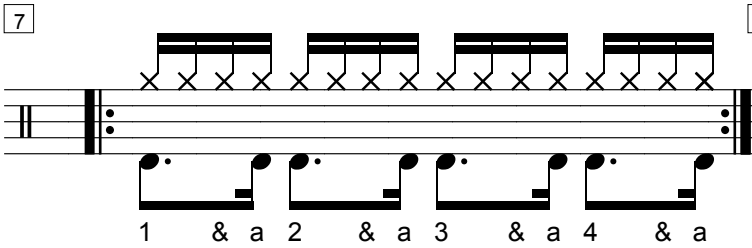

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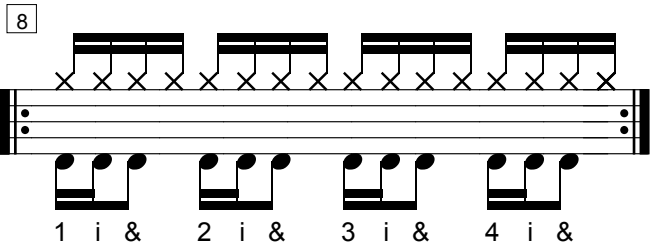

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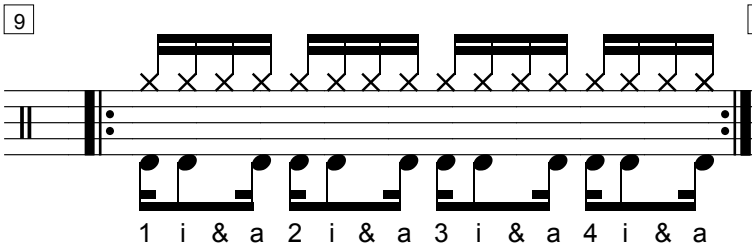

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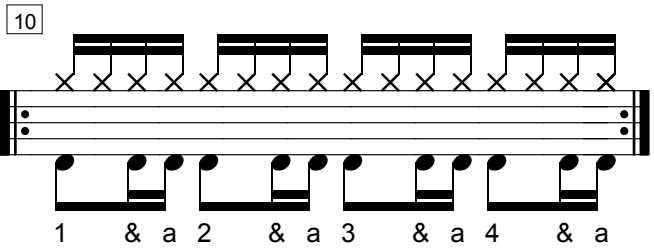

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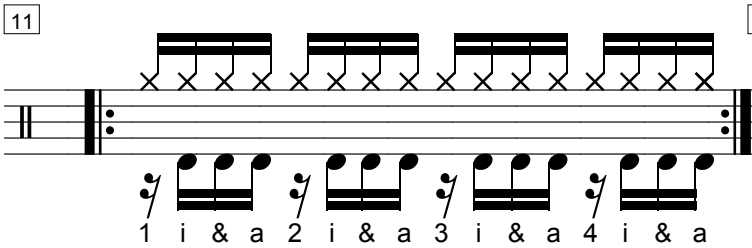

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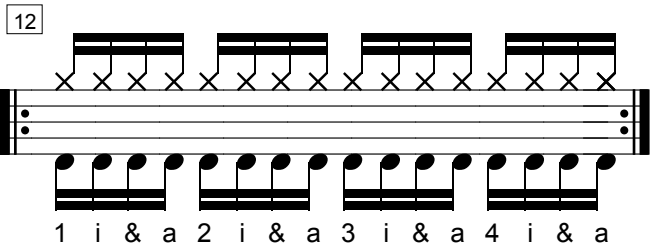


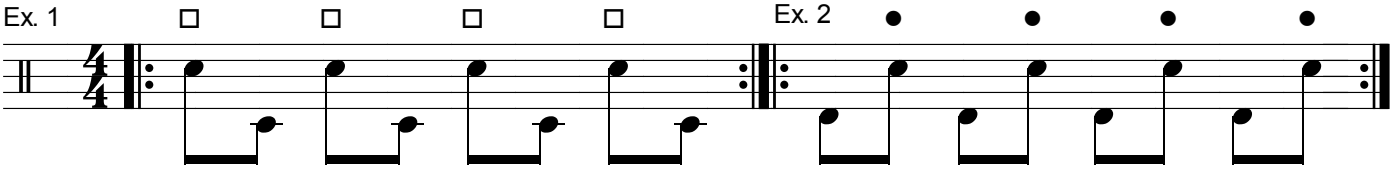
Rufus O'Callaghan. 27 01 2008. http://www.rufusbatterie.com http://www.rufusdrums.com

Note ton progès. Tempo : 60 70 80 90 100 110 120.

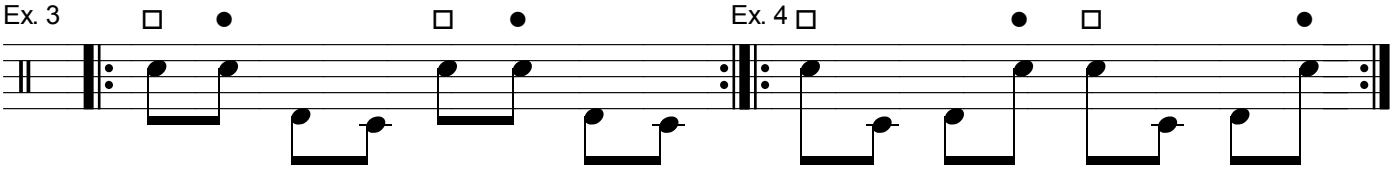
Coordination. Double pédale en croches.

Enchaine exs. 1 & 2, exs. 3 à 6, exs. 7 à 10 et exs. 11 & 12.
Une fois les exercices maitrisés, ajoutes un jeu de charleston/ride en noires.

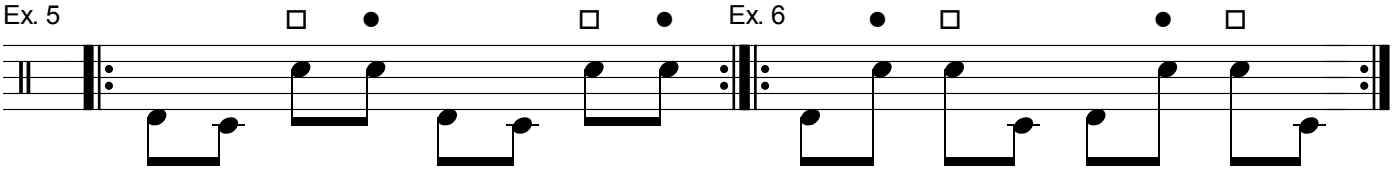
Ex. 1 Ex. 2



Ex. 3 Ex. 4

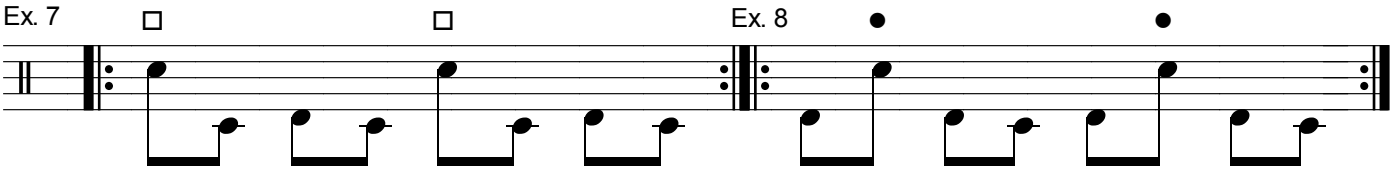


Ex. 5 Ex. 6

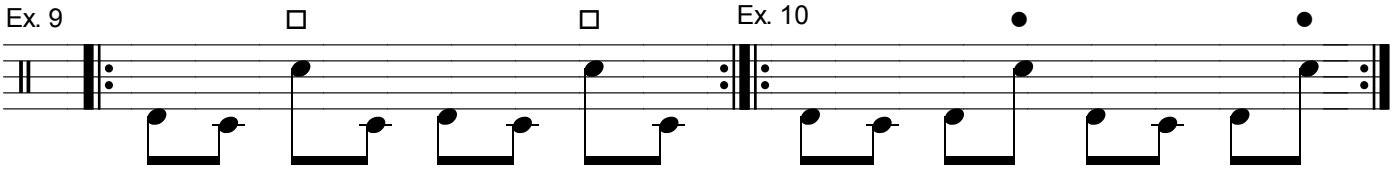


Exercice 7 à refaire avec la main gauche.
Garder le même jeu aux pieds.

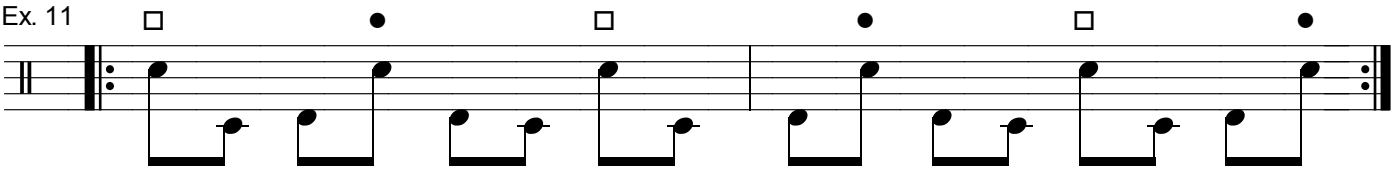
Ex. 7 Ex. 8



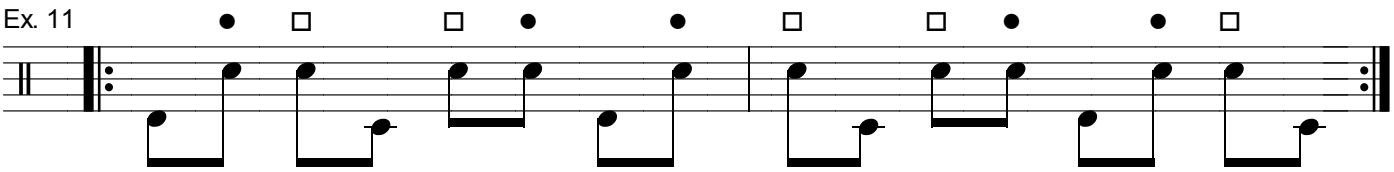
Ex. 9 Ex. 10



Ex. 11



Ex. 11

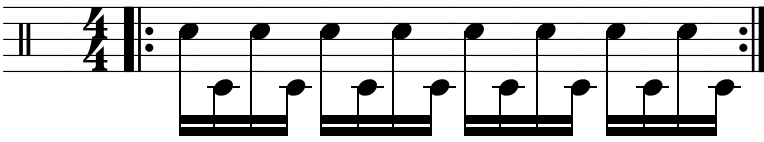


Note ton progès. Tempo : 60 70 80 90 100 110 120.

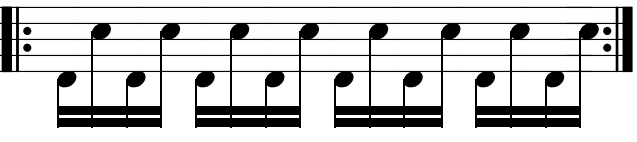
Coordination. Double pédale en doubles croches.

Enchaine exs. 1 & 2, exs. 3 à 6, exs. 7 à 10 et exs. 11 & 12.
Une fois les exercices maitrisés, ajoutes un jeu de charleston/ride en croches.

Ex. 1



Ex. 2



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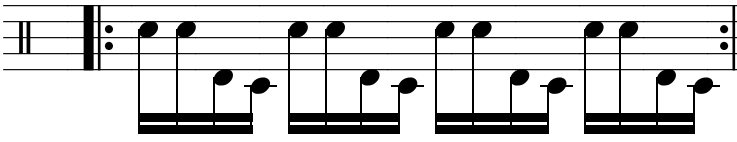
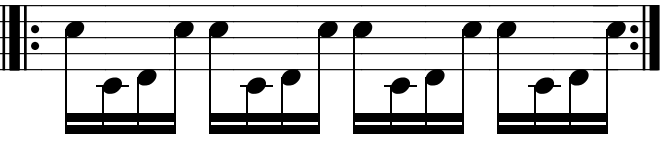
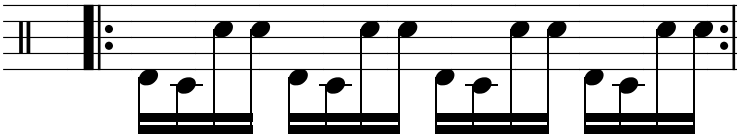


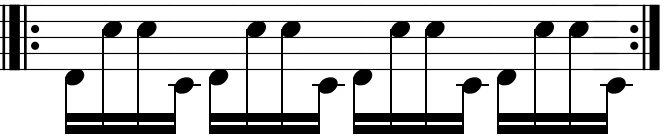
Ex. 4



Ex. 5

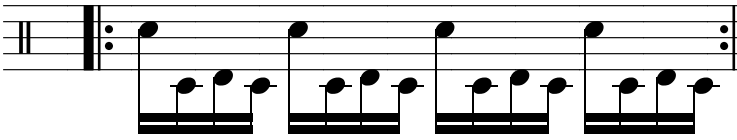


Ex. 6



Exercice 7 à refaire avec la main gauche.
Garder le même jeu aux pieds.

Ex. 7



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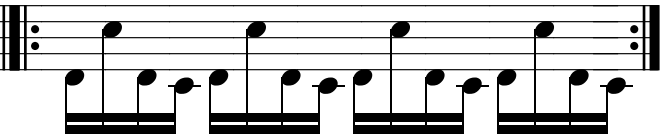
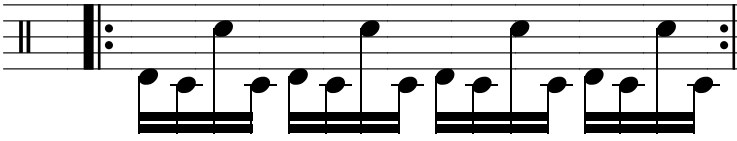


Ex. 9



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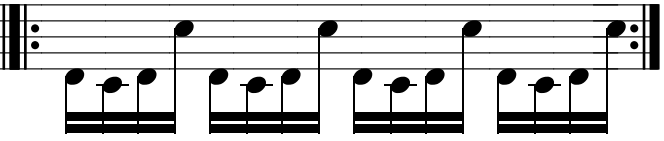
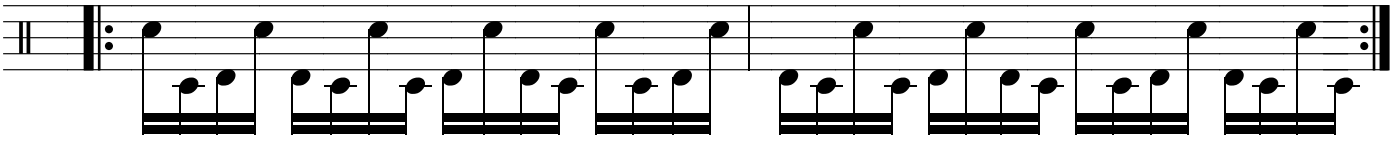


Ex. 11



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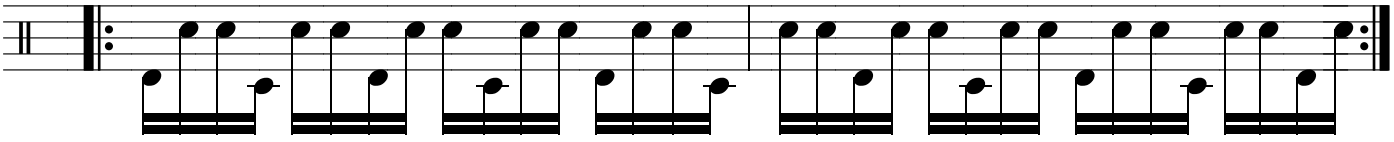
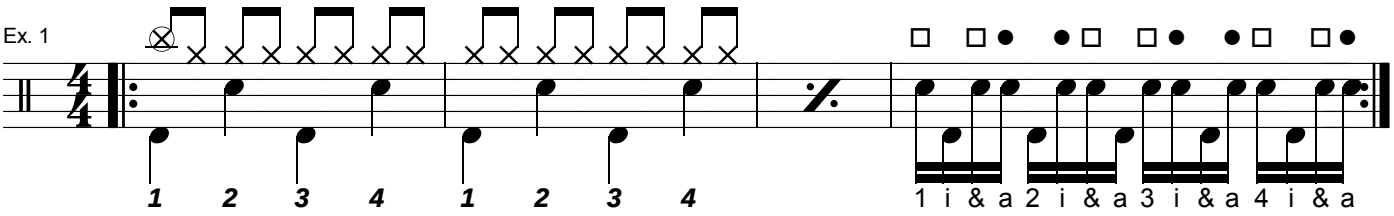


Doubles croches.
Rythmiques & fills. Décalage "3 pour 4" N°1.

Ex. 1



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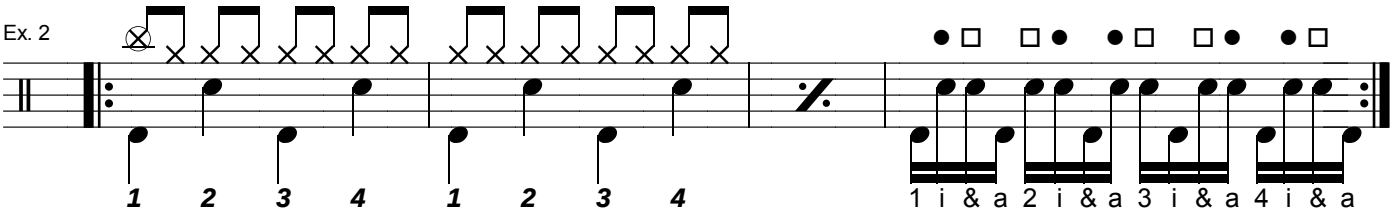

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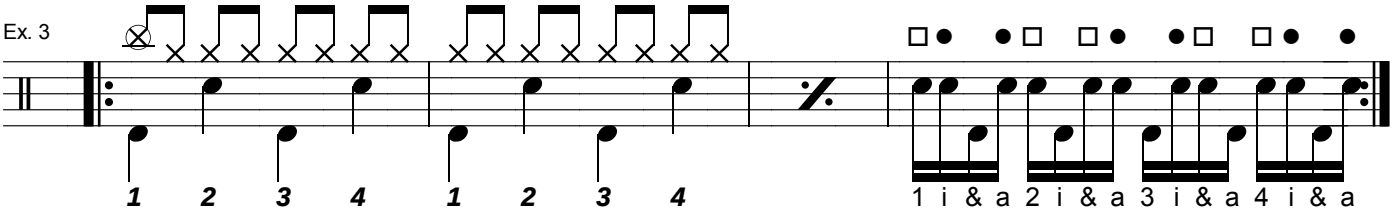

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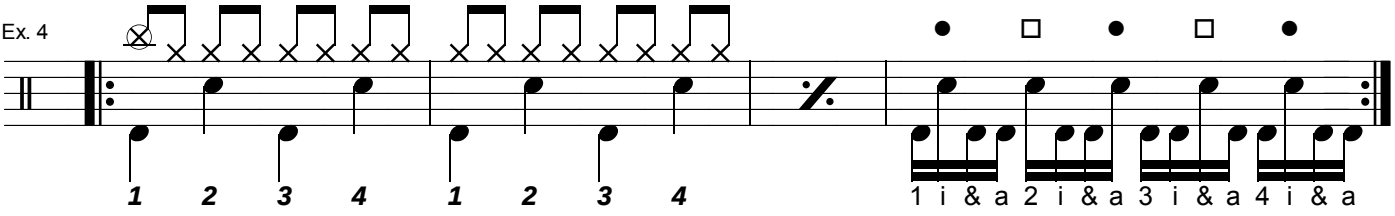

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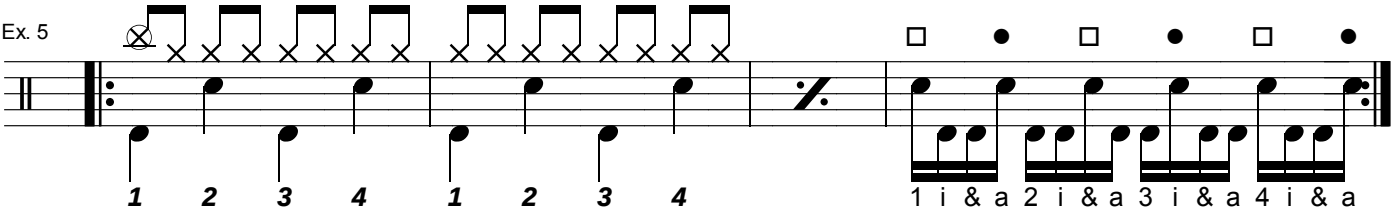

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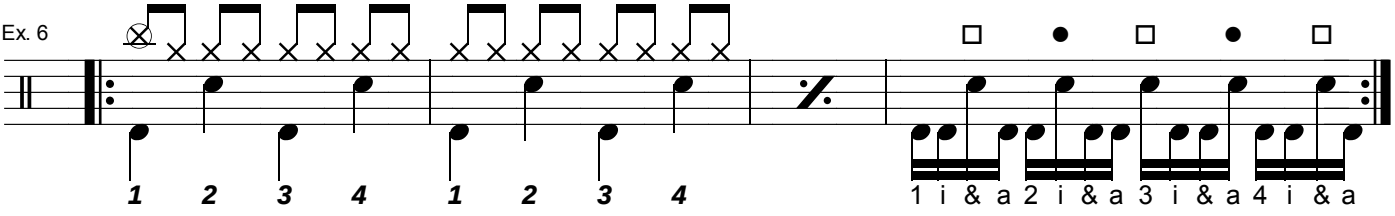
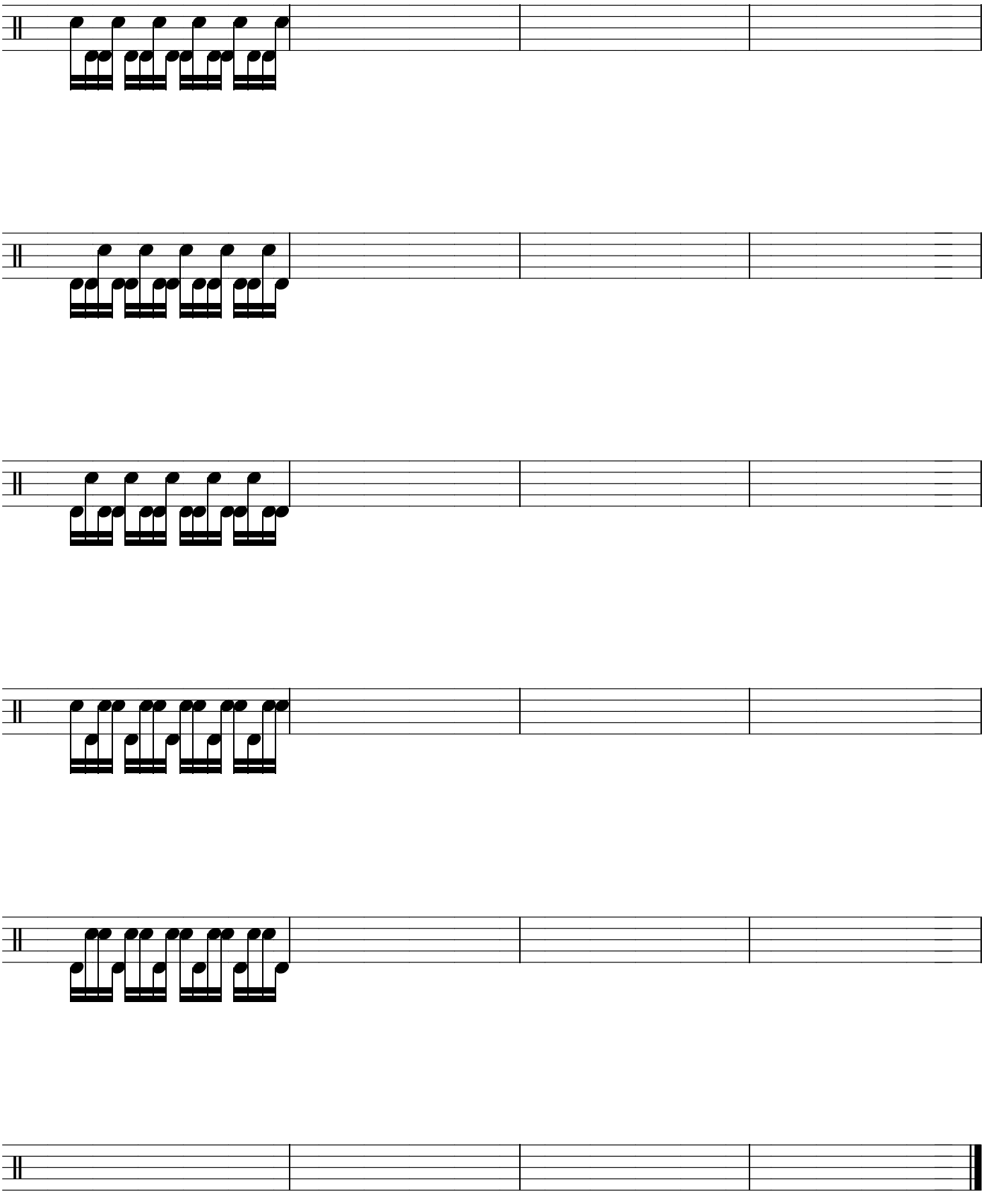
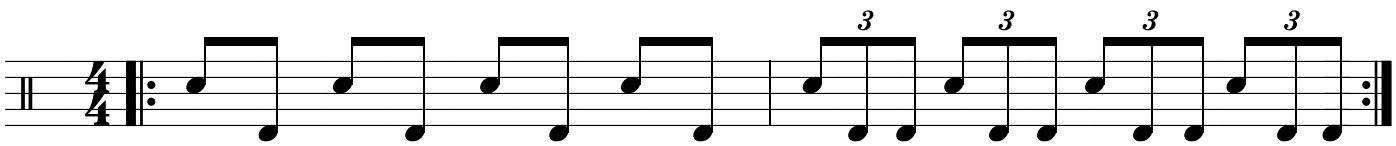
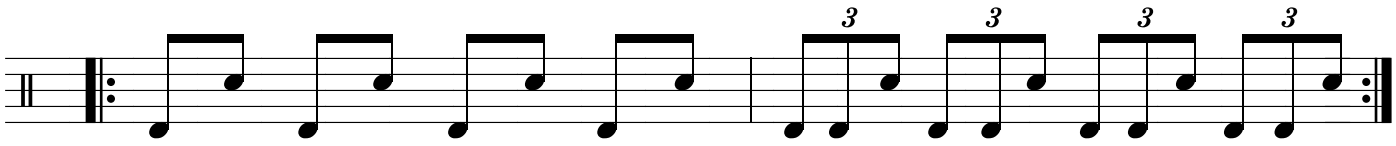
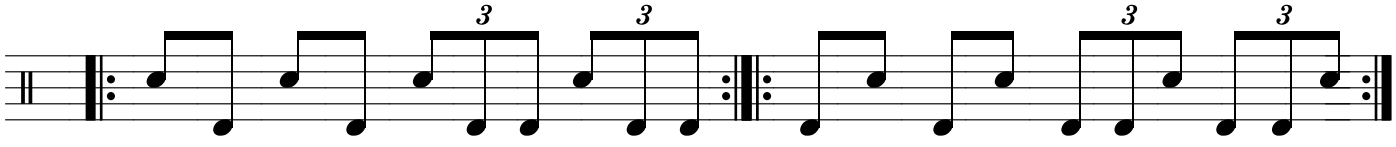


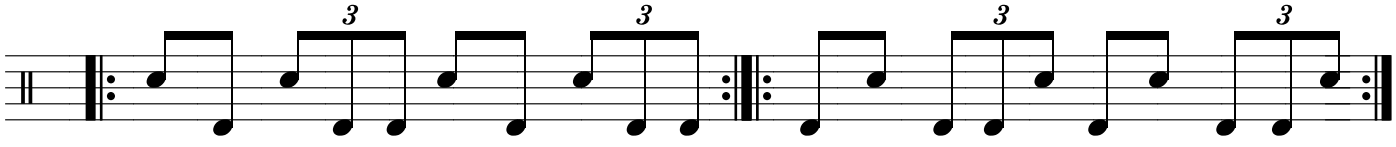


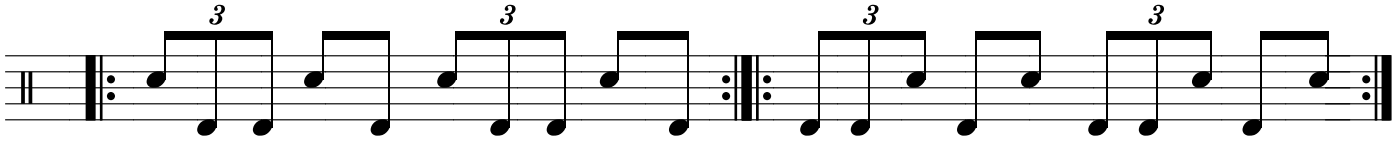
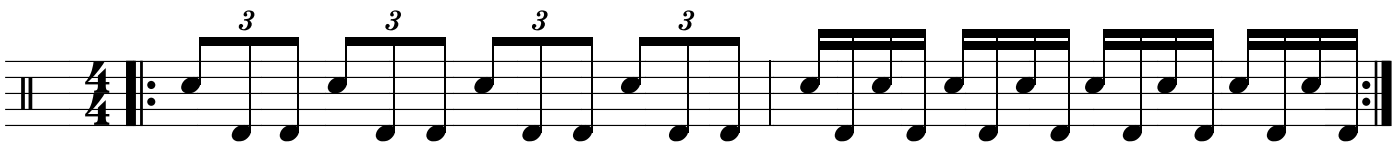
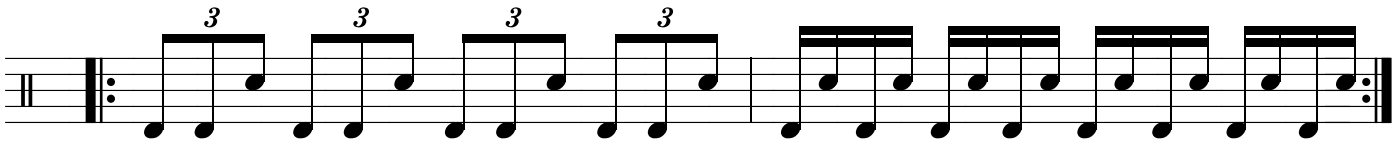
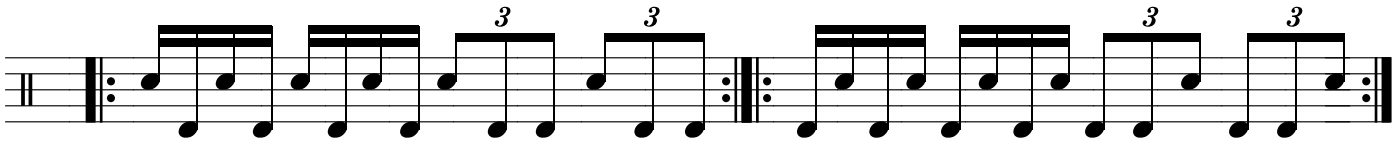
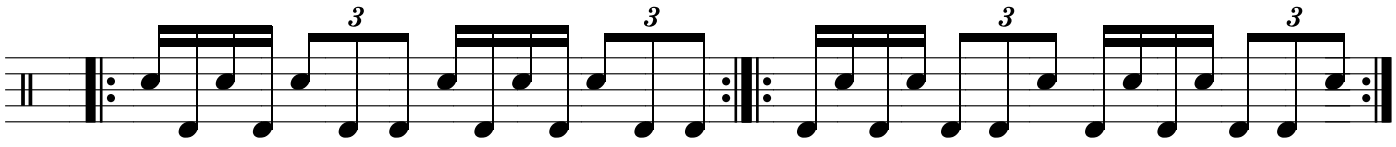
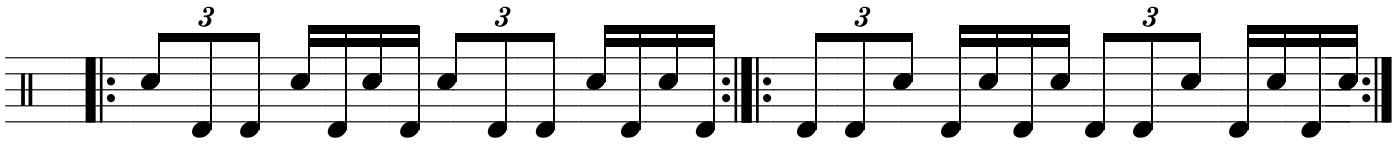
Coordination. Croches & triolets de croches. GC & CC.











Coordination. Triolets de croches & DC. GC & CC.